

The Launch of the Sports and Active Leisure Diploma

Friday 4th December 2009 saw the launch of the latest in the series of new Diplomas to be offered to young people across Stoke on Trent.

From September 2010, the Sports & Active Leisure Diploma is to be added to the portfolio of nine Diplomas now on offer in schools and college throughout the City.

On Friday 4th December, Fenton Manor Sports Complex was filled with pupils from Holden Lane, James Brindley, Haywood, and Mitchell High School all eager to discover more about what the new Diploma has to offer.



Pictured above: Pupils from Haywood Engineering College learn more about a career in Personal Training with Carl Twigg, Apprenticeship Tutor.

Throughout the day the pupils got a taster of a variety of sessions to get a fuller picture of what a career in this industry could entail:

Sports Leadership - They worked with local young sports leaders to learn more about what teaching primary school children PE and games would entail.

Behind the Scenes of a Sports Centre - Duncan Gilchrist, Apprenticeship Programme Manager from Fenton Manor, took the students on a 'behind the scenes' tour of the sports centre, showing the pupils how a sports centre operates on a daily basis.

Personal Training - Carl Twigg took each group through a Personal Training session with circuit training.

Sport & Active Leisure Careers – Rob Millward, Lecturer in Sports Science and Chris Austin, Events Co-ordinator at Fenton Manor Sports Complex, led a talk about potential careers in the Sport and Leisure Industry and gave them more information on the new Diploma.

http://www.stokesfc.ac.uk/index.php/st/curriculum_courses/sports_pe

Spinning- Layla Mountford from Stoke on Trent College put the groups through their paces in a Spinning Class in Shapes Gym pictured below.



Mike Hill, Lead for the Sport & Active Leisure Diploma and Head of PE at the Sixth Form College, organised the Friday's launch event. He said:

"The Diploma will be offered at Levels 1, 2 and Level 3 and the schools and colleges will work in partnership to offer the different elements of the course. The course will offer students a real insight into the sport and leisure industry , many of the units are very applied and will require students to plan and run sports events. We are going to focus on the role of personal trainer as this is a role that existing sports qualifications do not really cater for , we hope this will make a sports course more attractive to a greater range of young people in stoke on Trent."

"Staffordshire University's department of Sport and Exercise is extremely supportive of the diploma and looks forward to supporting the development and implementation of this exciting new initiative."

Dr Nigel Thomas, Head of Sport and Exercise Staffordshire University