



*sfc* **SIXTH***form* COLLEGE  
CITY OF STOKE-ON-TRENT



# ASPIRE

## PLUS



**2023/2024**  
SEPTEMBER-DECEMBER

**P**  
Potteries  
Educational  
Trust



# WELCOME TO ASPIRE+

We understand that college life is about more than just qualifications. We highly value the exceptional skills and abilities that our students bring, whether in academia, sports, music, or other areas. That's why we offer a diverse range of extracurricular activities, including clubs, societies, trips, and visits.

These activities not only allow you to develop your talents and enhance your employability skills but also provide a fun and social environment where you can make lasting friendships.

The Aspire Plus programme is designed to enhance your programme of study to broaden your knowledge and skills beyond your qualifications and give you the opportunity to develop your talents or interests further to support your progression beyond college.

All Year 1 students are expected to undertake Aspire Plus activities as part of their programme of study. Each activity will either run over the whole year or a 5-week block.

The Aspire Plus sessions will run outside of the college timetable to ensure that all students have access to these activities (unless you are involved in sports performance academies, or EPQ then these will take place within the college timetable).

“

The Aspire Programme helped me to understand what I want to study in higher education and why. Taking part in the High Achievers Programme was instrumental in successfully gaining a place to study Economics at the London School of Economics.

”

**TILLY TAYLOR**

Previously: Clayton Hall Academy

Studied: A Level Maths, Economics, Statistics, Business & EPQ

# HOW DO I CHOOSE MY ASPIRE+ ACTIVITIES?

There are a wide range of activities that you can pick from, so read through the adverts to see what each activity involves. When deciding what you want to do, please consider the following:

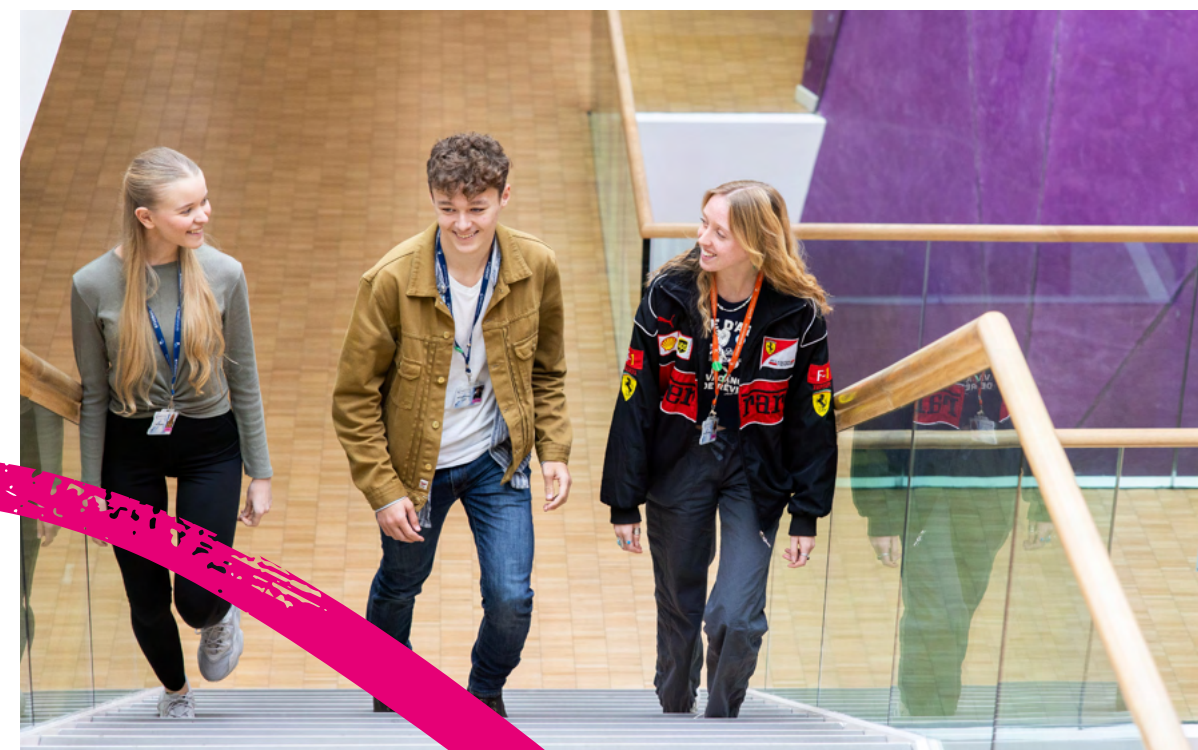
- Is there a fee to pay?
- Am I eligible to undertake this activity?
- Does it fit with my timetable?
- How long does the activity run for? (is it a short activity or a full year activity?)

## CATEGORIES:

Activities are separated into 4 categories:

- Health
- Community
- Employability
- Skills

You will be awarded a completion badge if you engage fully with your activities with up to 4 different badges to collect.





# HOW DO I SIGN UP?

The QR code will become live from **9am Monday 11th September until 4pm Wednesday 13th September 2023**. This will be emailed to you and will also be on your CEDAR home page.

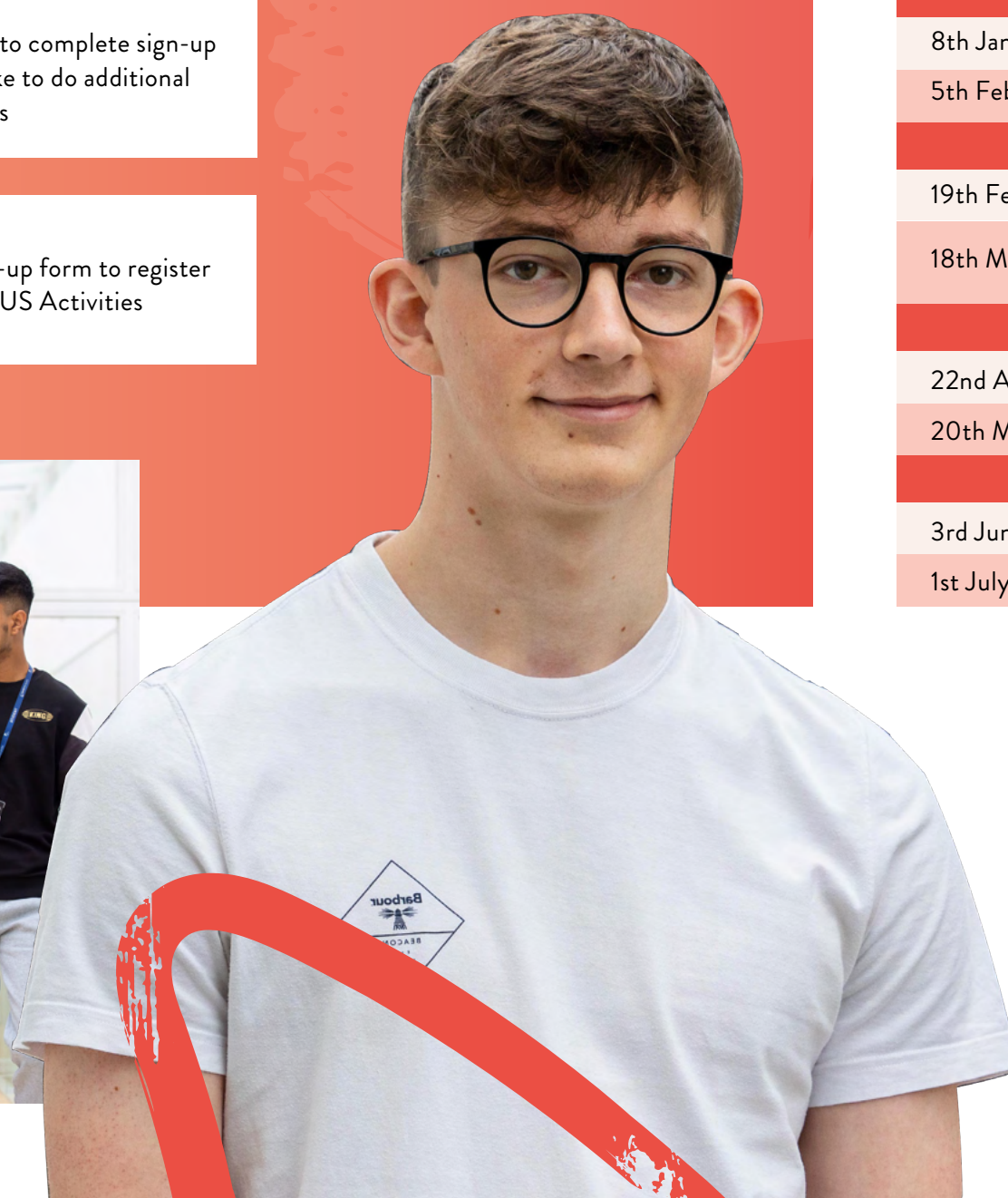
Some activities have limited spaces and therefore if numbers exceed first choice selections, we will allocate these on a 'first come first served basis' using the time of form completion.



## ARE YOU ENROLLED ON SPORTS PERFORMANCE ACADEMIES/ HIGH ACHIEVERS/MDV/MEC ALREADY?

**YES:** You do not need to complete sign-up form unless you would like to do additional activities

**NO:** Complete the sign-up form to register for your ASPIRE PLUS Activities



# KEY DATES



W/C	INFORMATION
11th September	ASPIRE+ sign-up for Half Term 1 and 2
25th September	ASPIRE+ Half Term 1 begins
23rd October	ASPIRE+ Half Term 1 ends (final week)
OCTOBER HALF TERM	
6th November	ASPIRE+ Half Term 2 starts
4th December	ASPIRE+ Half Term 2 ends (final week) ASPIRE+ sign-up Half Term 3 and 4 (WED PM deadline)
CHRISTMAS	
8th January	ASPIRE+ Half Term 3 starts
5th February	ASPIRE+ Half Term 3 ends (final week)
FEBRUARY HALF TERM	
19th February	ASPIRE+ Half Term 4 starts
18th March	ASPIRE+ Half Term 4 ends (final week) ASPIRE+ sign-up Term 3
EASTER	
22nd April	ASPIRE+ Half Term 5 starts
20th May	ASPIRE+ Half Term 5 ends (final week)
HALF TERM	
3rd June	ASPIRE+ Half Term 6 starts
1st July	ASPIRE+ Half Term 6 ends (final week)

“

The Aspire Programme provided me with a complete package from a first-class education and excellent pastoral care to great study facilities; you feel part of such a caring community.

**OLLIE CASHMORE**

Previously: Ormiston Sir Stanley Matthews Academy

Studied: A Level Chemistry, Maths, Biology & EPQ

”





# HIGH ACHIEVERS

**DURATION:** Whole year

**DAY:** Tuesday

**TIME:** 3-4pm

## WHAT IS THE HIGH ACHIEVERS PROGRAMME?

Designed by our experienced College staff who have graduated from some of the top universities in the country, our High Achievers Programme gives specialist support to our most academically able students aspiring to study at prestigious UK and international universities.

The programme enables you to receive individual mentoring, guidance and support from experienced professionals with first-hand knowledge of university admissions processes and tests. Alongside this support will be numerous opportunities to hear and interact with guest speakers from world leading universities and companies.

This programme auto-enrols students who have a GCSE average of 6.7+ and also admits people throughout the year who gain 2 or more A grades or equivalent so they can benefit from the numerous opportunities it offers. These include, but are not limited to:

Weekly meeting/email to ensure you know about all the opportunities from external providers.

- Oxford University trip
- Degree apprenticeship presentations
- Cambridge University trip
- Russell group visiting speakers
- Scholarship exam support
- Admission test support
- Competition entries, like Physics olympiad, etc
- Practice interviews
- HA coordinators

If you are on this programme you DO NOT have to sign up to any other ASPIRE+ activities if you do not wish to.

“

The High Achievers Programme and MDV provided valuable insights into what to expect in the near future, helping me navigate my academic journey.

**DESOLA LANIBA**

Previously: Co-operative Academy of Stoke-On-Trent

Studied: A Level Biology, Chemistry & Maths



# MEDICINE, DENTISTRY & VETERINARY SOCIETY (MDV)

We receive an increasing number of students looking to pursue a career in Medical, Dentistry or Veterinary sectors every year. The society will provide a number of opportunities to ensure that you progress onto a top Medical, Dentistry or Veterinary Science course, through ongoing work experience and placements, tailored sessions focusing on progression and a plethora of guest speakers and alumni visits.

The MDV society meets weekly and is available to all students who want a career as a doctor, dentist or vet. The weekly meetings cover various topics and have numerous external speakers. Topics include:

- Choosing your medical schools
- Admission test preparation
- Getting work experience
- Volunteering
- Science Leaders programme

The society is student lead and so each year usually elects a president and other positions, that can look good on your application!

Speakers in the past have included: Head of Admission to Keele Medical School, President of Royal College of Veterinary Surgeons, General Medical Council representatives, Dentists, etc.

**DURATION:** Whole year

**DAY:** Monday

**TIME:** 4-5pm



# MATHEMATICAL SCIENCES, ENGINEERING & COMPUTING SOCIETY (MEC)

**DURATION:** Whole year

**DAY:** Thursday

**TIME:** 4-5pm

The purpose of the MEC Group is to provide a focus point for students wanting to study maths, engineering, computing and chemistry as well as other design based subjects such as product design and architecture. Everyone taking certain combinations of subjects (e.g. Fast track Maths, Physics and Computer Science or Chemistry) will be automatically enrolled although students who are interested in what the MEC group is doing are very welcome to apply to be included in the programme.

The programme focuses on real-world engineering and design projects and competitions such as the EDT (Engineering Development Trust) and ICE (Institute of Civil Engineers) team challenges as well as introducing information and support for careers across the spectrum of mathematics, finance and STEM based subjects including advice on university choices and degree apprenticeships and support with admission tests.

The details of the programme across the academic year are set out below but the principles are as follows:

- Weekly MEC group meetings
- Each session dedicated to a particular area of STEM interest in maths, computing, physics and design
- Some session given over to visits from guest speakers from the world of maths, engineering, computing and business, including former alumni and those with top degree apprenticeships (Jaguar Land Rover, Bentley and PwC) to share their stories of success
- Support with interviews and admission tests (STEP, TMUA, ENGAA and NSAA) to top Oxbridge and Russell Group destinations and support with scholarship applications



# EXTENDED PROJECT QUALIFICATION (EPQ)

EPQ is an A Level standard standalone qualification designed to extend and develop your abilities beyond your other Level 3 qualifications. It is worth half an A Level in UCAS points (28) and is recognised by universities and employers.

The qualification helps you to prepare for university or future career by leading your own project. You will get to plan and carry out research on a topic that you've chosen and isn't covered by your other qualifications. You can take inspiration from something touched on in class or something personal and unrelated to your studies. This research will then be used to produce a written

report and, in the case of practical projects, an artefact or a production. By taking responsibility for the choice, design and decision making of your individual project you will develop a wide range of skills including, critical thinking, planning, research, analysis, evaluation and presentation skills.

There will be 2 opportunities to start an EPQ either in September when choosing term 1 activities, this will then finish at the end of the academic year or when choosing your term 2 activities to start in January and this will finish just before Christmas in year 2.

**DURATION:** Whole year

**DAY/TIME:** Monday (8.45-10.15am) or Thursday (12.45-2.15pm) or Wednesday 3-4pm



# DUKE OF EDINBURGH (DofE)



The DofE programme encourages students to try something new or dedicate themselves further to something they are already passionate about. There is no need to have ever been involved in any DofE before to join the programme now, and you can keep working towards your Award even after you leave college until you pass the age of 25.

There are 3 levels of Awards for DofE – Bronze, Silver and Gold. Many employers and universities understand the benefits that students who have completed Awards hold over and above other students – benefits such as self confidence, independence, perseverance, commitment and proven team work.

For any Award, you must make a regular (normally one hour a week) commitment to 3 different sections:

**PHYSICAL:** For example; Netball, Swimming, ParkRun, Football, Cycling etc.

**SKILL:** Learning to umpire, learning to play a musical instrument, baking, learning to drive, learning a new language.

**VOLUNTEERING:** Helping at a youth club/ group, supporting primary students in reading, working in a residential care home or animal rescue centre, working in a charity shop.

The length of time for that commitment depends on the level of Award you are doing – anything between 3 months and 18 months. You will also be involved in an expedition.

For Bronze this is one day at a weekend of training, and later a 2 day weekend completing your qualifying expedition. For Gold, there are 2 full weekends of training and practice, and then a 5 or 6 day trip which will include your qualifying expedition. Currently, the plan is this will be somewhere in England or Wales at the end of the summer term.

If you have done Bronze and/or Silver at your old school or with another organisation you can continue these journeys here at college if incomplete, and/or enrol straight on to Gold. The Gold Award is a commitment of at least 12 months if you completed Silver, and 18 months if you have never done DofE before or only did Bronze (ie did not complete Silver).

If you want to just “dip your toe” you can enrol on the Bronze programme. This is a minimum of 6 months.

The first Aspire Plus session will be explaining the different levels and the timings needed, and then future sessions will be about preparing your own personalised programme, training as required and planning. There is a cost involved to cover registration and the trips but students on bursary will get support for these costs. The costs will vary depending on where we go and how many students there are, but are likely to be around £30 a term for Bronze and £60 a term for Gold.

**DURATION:** Whole year

**DAY:** Monday

**TIME:** 4-5pm

# New! SPORT ACADEMY

We are striving to deliver sporting excellence with our brand new Sport Academy!

Our Sport Academy aims to provide more students with sporting opportunities with our two key elements; our Performance Academies & Elite Scholarship Programme We can offer both competitive sport and coaching opportunities across various disciplines and delivering sporting excellence for interested students.

## PERFORMANCE ACADEMIES

Are you a keen footballer, basketball or netball player? We have the perfect training programme for you at our new Sport Academy! Our Performance Academies combines academics and sports to achieve excellence. The acadmies cover a range of sports, including; Basketball, Football, Female Football (in partnership with Stoke City Football Club) and Netball.

Students in our Performance Academies will benefit from a wide range of support whilst studying with us, such as: weekly coaching sessions with experienced, highly qualified coaches, free gym membership, state-of-the-art playing and training facilities and much more!

## ELITE SCHOLARSHIP PROGRAMME

The Elite Scholarship Programme is designed as a transition pathway for college students to gain the support required to continue and progress with their sport and training whilst excelling at college and aspiring to go on to higher education.

Available to all students regardless of their programme of study. This programme is designed to assist elite level athletes; students need to be participating at a minimum of a county standard and above (or equivalent) in any sport.



The Programme has helped me to balance my studies with my training and competing. The free gym membership and sports therapy have been particularly useful in keeping me in top physical condition.

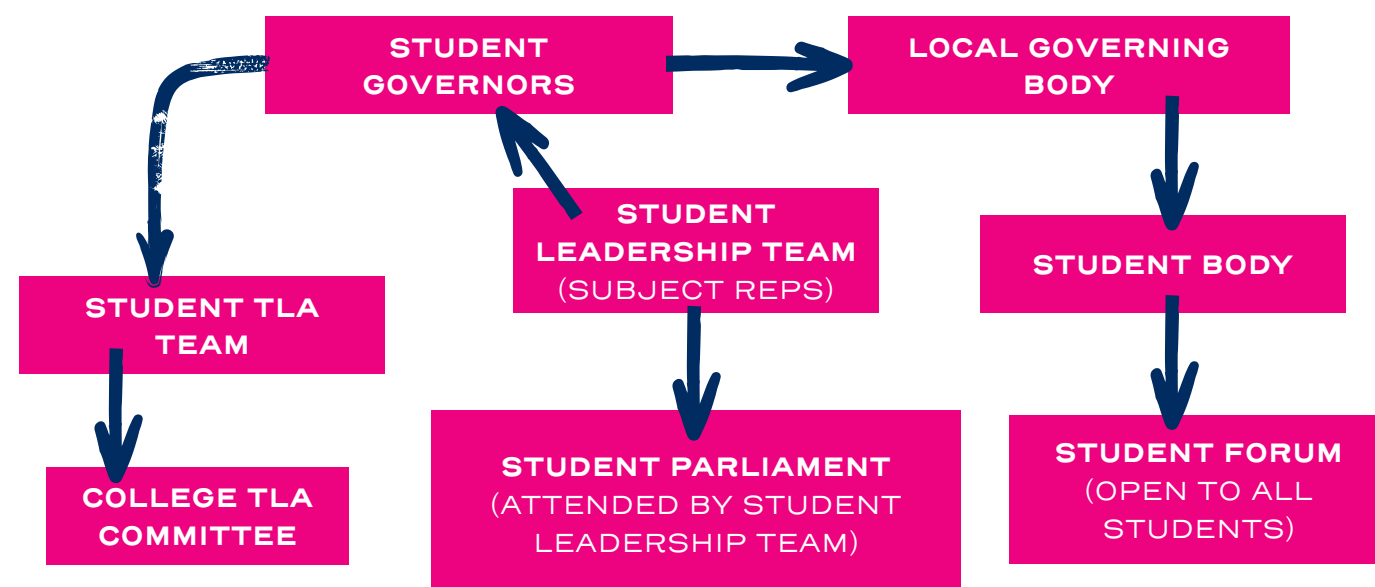
*Wilfred Houston-Brown*

**PREVIOUS:** Endon High School // **STUDIED:** A Level English Literature, Geography & History



# STUDENT LEADERSHIP

There are lots of opportunities to develop additional skills in Student Leadership and Student Representation during your time at college. The diagram below demonstrates the Student Leadership structure at the college:



# STUDENT GOVERNORS

The student body elects a first year Student Governor each year during the Autumn Term who will remain in post for the duration of their time at college. This means that there is always a first and a second year Student Governor in post at any one time.

The role of the Student Governor is to ensure that the voices of all students are heard and maintain a strong connection between the student body and the college decision makers. Student Governors are very influential and are part of the college's

Local Governing Body, the board responsible for making key decisions about the college. Student Governors head up the Student Leadership Team and will work very closely with Subject Reps to help ensure the highest quality experience for students at the college. Student Governors will lead Student Parliament and Open Student Forum meetings, and will attend meetings of the college's Local Governing Body.

The recruitment process for this year's first year Student Governor position will begin in the Autumn Term. Register your interest in the first year Student Governor opportunity on the ASPIRE Plus sign-up form.

# SUBJECT REPS/STUDENT LEADERSHIP TEAM

**DURATION:** Whole year

**DAY:** Tuesday

**TIME:** 12.30-1.15pm

Subject Reps have a vital role in the college to help ensure the highest quality learning experience for students. Each subject area will have one Subject Rep for each level of study. For example, English will have 3 reps - one rep for GCSE, one rep for Year 1 courses and one rep for Year 2 courses.

Subject Reps will work closely with the students in their subject area to gather student feedback and report it back to department staff. Subject Reps will be part of the college's 'Student Leadership Team' and will work closely with the Student Governors. Subject Reps will attend Student Parliament and will meet regularly with the staff in their subject area. Student Leadership training will be provided.

The Subject Rep role is for any student who is passionate about their subject and representing others. The role is perfect for those students who are keen to become an active part of the college community and develop their leadership skills.

Complete the ASPIRE Plus sign-up form and select 'Subject Rep' if you would like to apply to be a Subject Rep this year. The curriculum manager responsible for the subject area will make the final decision about who is appointed Subject Rep for their area. There are only limited Subject Rep positions available, therefore it is important that you select a second choice for your ASPIRE Plus activity.



Choosing to be a course representative helped me speak confidently in front of an audience, as well as many other skills that supported my progression to university.

**AIMEE WILLIAMS**

Previously: Ormiston Sir Stanley Matthews Academy

Studied: A Level Chemistry, Maths, Biology & EPQ



# STUDENT TLA TEAM

**DURATION:** Whole year  
**DAY:** Wednesday  
**TIME:** 12.30-1.15pm

The Student TLA Team is made up of first and second students who are passionate about the college and want to influence teaching and learning in the classroom. The opportunity is perfect for students who want to pursue a career in education, or students who want to get involved in the college community and learn more about the teaching and learning and the curriculum.

Being involved in the Student TLA Team demonstrates dedication and commitment to learning, develops confidence and study skills, helps develop skills required for public speaking and delivering presentations and has a real impact on teaching and learning in the classroom.

Complete the ASPIRE Plus sign-up form and select 'Student TLA Team' if you would like to join the TLA Team this year.



# AVAILABLE ACTIVITIES

Below is a list of full year activities which you can take part in during your time at the College, please select one from the following:

FULL YEAR ACTIVITIES (SEPTEMBER – JULY)		
DAY	TIME	ACTIVITIES
Monday	4.00-5.00pm	<ul style="list-style-type: none"> <li>The What is Art? Club</li> <li>International Linguistics Olympiad</li> <li>Duke of Edinburgh</li> <li>MDV Society</li> <li>Board Game Club</li> </ul>
Monday	4.30-5.30pm	<ul style="list-style-type: none"> <li>GCSE Arabic (session 1 of 2)</li> </ul>
Tuesday	12.30-1.15pm	<ul style="list-style-type: none"> <li>Mental Health Connectors Programme</li> <li>Student Subject Reps</li> </ul>
Tuesday	3.00 -4.00pm	<ul style="list-style-type: none"> <li>BAR Mock Trial</li> <li>Film Club (Production)</li> <li>Esports</li> <li>Book Group</li> <li>High Achievers Programme</li> <li>A Level Arabic (session 1 of 2)</li> </ul>
Tuesday	4.30-5.30pm	<ul style="list-style-type: none"> <li>GCSE Arabic (session 1 of 2)</li> </ul>
Wednesday	12.30-1.15pm	<ul style="list-style-type: none"> <li>Creative Wellbeing Project</li> <li>Student TLA Team</li> </ul>
Wednesday	3.00 -4.00pm	<ul style="list-style-type: none"> <li>Film Club (Discussion)</li> <li>Pride Society</li> <li>A Level Arabic (session 2 of 2)</li> <li>EPQ</li> </ul>
Wednesday	3.00 -5.00pm	<ul style="list-style-type: none"> <li>Musical Theatre Society (session 1 of 2)</li> </ul>
Thursday	4.00-5.00pm	<ul style="list-style-type: none"> <li>MEC Society</li> <li>Music Theory (piano)</li> <li>Musical Theatre Society (session 2 of 2)</li> </ul>
Thursday	4.30-5.30pm	<ul style="list-style-type: none"> <li>Volleyball Club</li> </ul>



The activities are short term lasting for 5 week blocks. Please pick 1 activity from half term 1 and one from half term 2.

HALF TERM 1 ACTIVITIES (SEPTEMBER – OCTOBER)		
DAY	TIME	ACTIVITIES
Monday	12.00-12.45pm	• Table Tennis
Monday	1.45-2.30pm	• Table Tennis
Monday	4.00-5.00pm	• Lets Connect • Christmas Show - Theatre/Musical (block 1 of 2) • Climbing (4:30-6pm) • Skills for Life
Tuesday	12.30-1.15pm	• Calm Gardening, • Empowerment Group • “Just Play” Football • Debating Society • Digital Skills – Bronze award • How to be a Financial Adviser
Tuesday	3.00 -4.00pm	• Christmas Show - Dance • Introduction to first aid • Between the Lines • 2D game development • Maths support for A level • Biology • Horse Riding
Tuesday	3.45-5.00pm	• Archery
Tuesday	4.00-5.00pm	• Solve the Crime (block 1 of 2)
Wednesday	12.30-1.15pm	• Applying for apprenticeship jobs, creating CVs and what to expect in an interview
Wednesday	3.00 -4.00pm	• The Magic of Shiny Maths Rocks (Dungeons and Dragons) • Carol Singing • Creative Writing Workshop - The Blank Page • The data revolution in football • Interview Masterclass • Badminton • Cricket
Thursday	2.30 – 4.00pm	• Sports Coaching and Leadership (block 1 of 2)
Thursday	4.00-5.00pm	• Yoga • Train to be a Tutor - certified course
Friday	4.30-6.00pm	• Skiing

HALF TERM 2 ACTIVITIES (NOVEMBER – DECEMBER)		
DAY	TIME	ACTIVITIES
Monday	12.00-12.45pm	• Table Tennis
Monday	1.45-2.30pm	• Table Tennis
Monday	4.00-5.00pm	• Christmas Show - Theatre/Musical (block 2 of 2) • Study Skills • Climbing (4:30-6pm)
Tuesday	12.30-1.15pm	• “Just Play” Football • Empowerment Group • Debating Society • Digital Skills – Bronze award
Tuesday	3.00 -4.00pm	• Christmas Show – Dance (block 2 of 2) • Henna designs • Chess for beginners • This is Stoke • Finding a work experience placement
Tuesday	3.45-5.00pm	• Archery
Tuesday	4.00-5.00pm	• Solve the Crime (block 2 of 2)
Wednesday	12.30-1.15pm	• Applying for apprenticeship jobs, creating CVs and what to expect in an interview • Finding a part time job
Wednesday	3.00 -4.00pm	• Pattern Making • Carol Singing • Creative Writing Workshop - Gothic • Interview Masterclass • Modern Astronomy • Knitting for Beginners • Badminton • Sociology in the Community • Cricket • Skills for Psychology
Wednesday	4.00-5.00pm	• Critical Thinking Skills through Philosophy
Thursday	2.30 – 4.00pm	• Sports Coaching and Leadership (block 2 of 2)
Thursday	4.00-5.00pm	• Christmas Show - Theatre/Musical (block 2 of 2) • Study Skills
Friday	4.30-6.00pm	• Ice Skating



# COMING NEXT HALF TERM: 'START UP YOUR OWN BUSINESS':

Would you like to work for yourself? Have you got a hobby that you want to make into a business? Do you already have a side gig that you want to grow? If the answer to any of these questions is yes, the Ignite programme is for you! During Futures/Work Experience week in January 2024 the Chamber of Commerce will be delivering a 3-day programme, giving you a toolkit to get you started

- **DAY 1:** Business basics and business planning
- **DAY 2:** Funding and finance (including cash flow and personal survival budgeting)
- **DAY 3:** Marketing (market research; target audience and how to reach; social media)

There will be a competitive application process for this option as there are only 15 places available. More information about the workshops and the application process will be provided in tutorials. If you are unsuccessful in securing a place on the workshops or if you are unavailable on those dates, you can sign up for the Ignite Online programme and complete the 10 modules in your own time. Access is free for 12 months and online support is provided.

If you are interested in this programme as part of your ASPIRE+ programme next Term, please indicate this on the sign-up form.



# ACTIVITY ADVERTS: COMMUNITY ACTIVITIES

## BOOK GROUP

Book Group meeting once every half term to discuss a selected novel

### SUITABLE FOR

All learners

### CONTACT

Jon Hill

### WHEN?

Whole Year (Wednesday, 3-4pm)

## THE WHAT IS ART? CLUB

Explore, discuss and engage with the ideas/movements/work of artists & designers of all genres, periods and approaches.

### SUITABLE FOR

Any students who wish to understand more fully how to engage with art and to develop a greater appreciation of artist/designers work and responses. Will also to help further enrich the contextual understanding of art & design for any art and creative students.

### CONTACT

Chris Plimbley

### WHEN?

Whole Year (Monday, 4-5pm)



FILM CLUB (DISCUSSION)	
For students to watch, discuss, review and debate all things Film/TV/Animation related and to, dependent on members experience, create short film projects.	
SUITABLE FOR	Any students with an interest but would be of extra value to students of Film & TV
CONTACT	Chris Plimbley
WHEN?	Whole Year (Monday, 4-5pm)

PRIDE SOCIETY	
A society that provides an open and secure environment for members of the LGBTQ+ and other identifying communities...along with their allies!	
SUITABLE FOR	All learners
CONTACT	Amy McKeown
WHEN?	Whole Year (Wednesday, 3-4pm)

EMPOWERMENT GROUP	
Safe space to explore self-esteem building tools and promote self-love	
SUITABLE FOR	All learners
CONTACT	Emily Nicholls
WHEN?	Half term 1 or 2 for 5 weeks (Wednesday, 12.30-1.15pm)

CAROL SINGING	
Carol Singing enrichment sessions in preparation for the Carol Singing Tour, The Performing Arts show in December at the Rep Theatre and the Christmas Carol Convert	
SUITABLE FOR	A Level Music and BTEC Music Performance students. Plus anyone who enjoys carol singing!
CONTACT	Anna Hughes
WHEN?	10 Weeks, September – December (Wednesday 3-4pm)

CALM GARDENING	
Be part of the project team to recreate a bit of nature in the college grounds. Gardening has shown to help support those individuals experiencing mental health disorders, including those with more complex disorders such as psychosis. For our students, I hope a breath of fresh air would serve to show visual progress and space away from the worry of college.	
SUITABLE FOR	A Level Music and BTEC Music Performance students. Plus anyone who enjoys carol singing!
CONTACT	Anna Hughes
WHEN?	10 Weeks, September – December (Wednesday 3-4pm)

DEBATING SOCIETY	
An inclusive society providing the opportunity for students to develop their verbal communication skills and their leadership skills by standing for election for the role of President or Vice President. We encourage the growth of confidence and knowledge of local, national and international issues	
SUITABLE FOR	All learners
CONTACT	Jade Shufflebotham
WHEN?	Half term 2 for 5 weeks (Tuesday 12.30-1.15pm)

CREATIVE WRITING WORKSHOP – THE BLANK PAGE	
A workshop to develop your unique writing style or find your creative voice.	
SUITABLE FOR	All learners
CONTACT	Kerry Jackson
WHEN?	Half term 1 for 5 weeks (Wednesday 3-4pm)

CREATIVE WRITING WORKSHOP – GOTHIC	
A workshop to develop your unique writing style or find your creative voice.	
SUITABLE FOR	All learners
CONTACT	Kerry Jackson
WHEN?	Half term 3 for 5 weeks (Wednesday 3-4pm)

SOCIOLOGY IN THE COMMUNITY	
These sessions are designed to facilitate students in supporting their local community. Working alongside two local charities, students will campaign and raise money to support their cause.	
SUITABLE FOR	All learners
CONTACT	Danni Pearce & Charlotte Webb
WHEN?	Half term 1 for 5 weeks (Wednesday 3-4pm)

THIS IS STOKE	
Explore the city of Stoke-on-Trent with a focus on its history, geography and culture. This will include the rise (and fall) of the potbank landscape, life as a potter and the city's links with Lidice	
SUITABLE FOR	All learners
CONTACT	Lee Dawson & Helen Stuart
WHEN?	Half term 2 for 5 weeks (Wednesday 3-4pm)

LET'S CONNECT	
Group work engaging with students to connect with different topics e.g. anxiety, panic attacks and how we manage them as an individual and give tips on how to help. Does not have to be on mental health, can talk about friendships etc	
SUITABLE FOR	All learners
CONTACT	Debbie Arnold
WHEN?	Half term 1 or 2 for 5 weeks (Monday 4-5pm)

BOARD GAME CLUB	
Come and learn a new style of board game or teach us one that you enjoy.	
SUITABLE FOR	All learners
CONTACT	Catherine Ream
WHEN?	Whole Year (Monday 4-5pm)



# ACTIVITY ADVERTS: HEALTH ACTIVITIES



## CREATIVE WELLBEING PROJECT

Creative Wellbeing Project is a weekly space to explore how creativity can enhance wellbeing through expression and relaxation.

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	Louisa Duckmanton
<b>WHEN?</b>	Whole Year (Wednesday 12.30-1.15pm)

## ARCHERY

Try Archery in a safe setting with a qualified archery instructor. Learn the basic skills and have fun competitions. In partnership with Stoke-on-Trent College

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	David Hardwick
<b>WHEN?</b>	Half term 1 or 2 for 5 weeks (Tuesday 3.45-5pm)
<b>OTHER</b>	Group meet at 3.30pm in college reception and walk to Stoke College together

## VOLLEYBALL CLUB

Come along and play volleyball, which is a great way to get fit, have fun and make new friends. The students of a better standard have the option to represent the college on a Wednesday afternoon

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	David Hardwick
<b>WHEN?</b>	Whole Year (Thursday 4.30-5.30pm)
<b>OTHER</b>	Meet at Fenton Manor Arena D/E

## BADMINTON

Come for a game of badminton. Make friends and have fun whilst being active. Informal and open to all

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	David Hardwick
<b>WHEN?</b>	Half term 1 or 2 for 5 weeks (Wednesday 3.15-4.15pm)
<b>OTHER</b>	Fenton Manor Arena D/E

## MENTAL HEALTH CONNECTORS PROGRAMME

Students will take part in a training programme for the first term run by the Mental Health and Wellbeing Service. During the second term students will commit to completing a number of hours engaging in an area of their choice e.g. peer support, event support, Awareness raising, Mental Health committee or supporting groups led by the Mental health and wellbeing team.

### SUITABLE FOR

For all but is useful for those students that are passionate about Mental Health or interested in pursuing a career in Medicine, Nursing, Psychology or any other health related area.

Numbers will need to be capped at 10-15 students.

### CONTACT

Louisa Duckmanton

### WHEN?

Whole Year (Tuesday 12.30-1.15pm)

## "JUST PLAY" FOOTBALL

No need to put football kit on. Just turn up for a game of football at lunchtime. 5 aside, 8 aside it totally depends on how many people play. Great way of letting off steam and having fun

### SUITABLE FOR

All learners

### CONTACT

David Hardwick

### WHEN?

Half term 1 or 2 for 5 weeks (Tuesday 12.30-1.15pm)

### OTHER

Small 3G pitch at Staffs Uni

## CRICKET

Come for a game of indoor cricket where everyone gets the chance to bat, bowl and field. The better standard students will have the option to represent the college in both indoor tournaments and T20 during the summer

### SUITABLE FOR

All learners

### CONTACT

David Hardwick

### WHEN?

Half term 1 or 2 for 5 weeks (Wednesday 3.15-4.15pm)

### OTHER

Fenton Manor Arena D/E

## CLIMBING

Give students the opportunity to experience climbing at Kilnworx Climbing centre. Can do rope climbing or bouldering and learn how to belay. Get fit, learn a new skill and have fun.

### SUITABLE FOR

All learners

### CONTACT

David Hardwick

### WHEN?

Half term 1 or 2 for 5 weeks (Monday 4.30-6pm)

### OTHER

£10

## INTRODUCTION TO FIRST AID

Basic first aid, Assessment of casualty/ response/ breathing/CPR/bleeding etc.

### SUITABLE FOR

All learners

### CONTACT

Lisa Bossons & Kim Dow

### WHEN?

Half term 1 for 5 weeks (Tuesday 3-4pm)



### TABLE TENNIS

Come for a game of table tennis and a chat. A very social club giving you the opportunity to play games of table tennis against other students

**SUITABLE FOR**  
**CONTACT**

All learners  
David Hardwick

**WHEN?**

Half term 1 or 2 for 5 weeks (Monday 12-12.45pm & 1.45-2.30pm)

### SKIING

Learn to ski in a safe setting with a qualified instructor or if you are an accomplished skier/snowboarder then you have the opportunity to go on the slopes and take part in recreational sessions.

**SUITABLE FOR**  
**CONTACT**

All learners  
David Hardwick

**WHEN?**

Half term 1 for 5 weeks (Friday 4.30-6pm)

**OTHER**

Transport provided, meet in college reception at 4.10pm  
£25 for HT block (5 weeks)

### YOGA

45-60 minute sessions varying in practice. I am hoping to offer dynamic vinyasa flow, yin yoga, restorative practices, and general mindfulness. Max: 10 students

**SUITABLE FOR**

This activity is suitable for all students who are either interested in fitness, well-being, and health.

**CONTACT**

Danielle Wallace

**WHEN?**

Half term 1 or 2 for 5 weeks (Thursday 4-5pm)

### HORSE RIDING

Whether you are an experienced horse rider or a total beginner then this 5 week programme is for you. Each week you will receive a 30 minute horse riding lesson delivered by qualified instructors at Poplars Farm Riding Centre ensuring that you have fun and improve.

**SUITABLE FOR**  
**CONTACT**

All learners  
David Hardwick

**WHEN?**

Half term 2 for 5 weeks (Wednesday 3-4pm)

**OTHER**

Sturdy footwear is required and due to the size of the horses no students over 13 stone can participate. This activity costs £25 for 5 weeks including transport.

### ICE SKATING

Whether you are ready for the winter Olympics or a total beginner come along and ice skate on a Friday evening. A great way to finish the week!

**SUITABLE FOR**  
**CONTACT**

All learners  
David Hardwick

**WHEN?**

Half term 2 for 5 weeks (Friday 4.45-6pm)

**OTHER**

Transport provided – meet at college reception at 4.10pm  
£25 for 5 weeks

### KNITTING FOR BEGINNERS

Learn to knit, its a hobby that supports mindfulness, and can be done virtually anywhere, and you can achieve something in a short space of time.

If you want to make clothes you can make items to suit your own style and colour. Or, if you prefer make toys for family or friends. Handmade knitted items make great gifts too.

It costs very little money, and any one can learn.

Knitting is good for the mind, its logical and contains a surprising amount of maths!

**SUITABLE FOR**  
**CONTACT**

All learners  
Alex Porter

**WHEN?**

Half term 2 for 5 weeks (Wednesday 3-4pm)



“

My college experience has been enriched by the many trips, clubs and societies on offer. Taking part in the Tea Society, Film Club and Debate Club is so fun and helped me to settle in and feel part of college life.

**NILO ABADI**

Previously: International School

Studied: A Levels in Classical Civilisation, English Language, French and Duke of Edinburgh Award

”

# ACTIVITY ADVERTS: EMPLOYABILITY ACTIVITIES

**APPLYING FOR APPRENTICESHIP JOBS, CREATING CVS AND WHAT TO EXPECT IN AN INTERVIEW**

Support for students who are wanting to progress into an apprenticeship after 6th form college. Support with the application process.

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	Rachel Davies
<b>WHEN?</b>	Half term 1 or 2 for 5 weeks (Wednesday 12.30-1.15pm)

**INTERVIEW MASTERCLASS**

Come and learn how to prepare for an interview, how to plan impactful answers to common interview questions and how to avoid some of the common interview pitfalls. This session is open to anyone and will be useful for job, university or apprenticeship interviews. Come and learn from someone with 7 years experience of graduate recruitment for one of the largest companies in the world.

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	Matt Addie
<b>WHEN?</b>	Half term 1 or 2 for 5 weeks (Wednesday 3-4pm)

**TRAIN TO BE A TUTOR – CERTIFIED COURSE**

Training provided from a respected and experienced company, Yipiyap, to become a skilled and confident tutor for Key Stage 3 (years 7-9) and Key Stage 4 (GCSE) students. Possibility to then earn from tutoring students outside college and to volunteer to help within college with Masterclasses or other outreach programmes to feeder schools.

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	Rachel Davies
<b>WHEN?</b>	Half term 1 or 2 for 5 weeks (Wednesday 12.30-1.15pm)

**FINDING A WORK EXPERIENCE PLACEMENT**

During this activity you will look at:

- Process – finding a placement.
- Work readiness
- Recording placement
- Reflecting on placement (skills developed)

You will then undertake your placement during holiday/WEX week or if possible, accommodated in timetable.

<b>SUITABLE FOR</b>	All learners, particularly those who need a placement for their course.
<b>CONTACT</b>	Adam Little & Ange Hopwood
<b>WHEN?</b>	Half term 2 for 5 weeks (Wednesday 3-4pm)

**FINDING A PART TIME JOB**

Suitable for applying for part time work or work experience. Sessions will include; understanding how to structure your CV, personal profile and skills, complete draft of own CV, comparing good/bad examples, covering letter and professional email

<b>SUITABLE FOR</b>	All learners
<b>CONTACT</b>	Sally Spencer
<b>WHEN?</b>	Half term 2 for 5 weeks (Tuesday 12.30-1.15pm)



College made it possible for me to study four A Levels and complete work experience at Bentley Motors one day a week, enabling me to secure a degree apprenticeship with Bentley Motors working in Chassis Engineering, specialising in Driver Assistance Systems.

## GEORGE NASH

**Previously:** Ormiston Horizon Academy

**Studied:** A Level Maths, Further Maths, Physics & Computer Science





# ACTIVITY ADVERTS: SKILLS

A LEVEL ARABIC	
Class study of the language	
SUITABLE FOR	Students who are already able to read/understand Arabic, and who have an interest in the culture and literature of Arabic speaking countries. (If GCSE Arabic taken previously, grade 6+ preferred but not essential).
CONTACT	Hividar Saeed
WHEN?	Whole Year (Tuesday & Wednesday 3-4.30pm)

ESPORTS	
Students will learn about the competitive gaming industry with practical sessions that explore team building and competitive gameplay. Students will explore a variety of games with the possibility of partaking in tournaments and league competition.	
SUITABLE FOR	A Level Media Students, BTEC Games Students, BTEC TV and Film Students, GCSE Media students or anybody with a general interest in games.
CONTACT	Daniel Harrison
WHEN?	Whole Year (Wednesday 3-4pm)

BAR MOCK TRIAL	
Prepare a legal case to deliver in court. You will select a role within a legal team and prepare evidence, questioning and delivery of arguments in preparation for the competition held against other schools and colleges. In the end you will present your case in court in front of a real judge	
SUITABLE FOR	Suitable for anyone looking to enter the legal profession/students looking to develop their public speaking and developing creative ways to debate evidence.
CONTACT	Mark Stokes & Rizwana Brunton
WHEN?	Whole Year (Tuesday 3-4pm)

INTERNATIONAL LINGUISTICS OLYMPIAD	
The International Linguistics Olympiad (IOL) is an annual international competition that brings together secondary school students and experts from various fields of linguistics. Since its inception in 2003, the IOL has been hosted in a different country each summer. The competition challenges participants to analyze the grammar, structure, culture, and history of different languages and to demonstrate their linguistic abilities through puzzles and problem-solving challenges.	
SUITABLE FOR	Suitable for students of A-Level English Language, Modern Foreign Languages or anyone whose progression plans involve developing their skills of problem-solving, pattern-spotting and reasoning.
CONTACT	Stewart McNicol
WHEN?	Whole Year (Monday 4-5pm)

MUSIC THEORY – PIANO	
Beginners to advanced piano theory	
SUITABLE FOR	All learners
CONTACT	Amy Walton
WHEN?	Whole Year (Thursday 4-5pm)

CHRISTMAS SHOW – DANCE	
Dance skills building rehearsals in preparation for the December Christmas show at the Rep Theatre.	
SUITABLE FOR	A Level Dance and BTEC Dance students or anyone else who loves to dance.
CONTACT	Richard O'Brien

“The many enrichment opportunities, clubs and societies help to develop skills you don’t always learn in the classroom, which helps so much in the future!”

**BEN HOLLAND-FRICKE**

Previously: Tytherington School  
Studied: A Level Music & BTEC TV and Film Production



### MUSICAL THEATRE SOCIETY

Musical Theatre Society is for anyone who enjoys musicals and wants to share that love with other like minded people. We put on 3 shows every year; a winter showcase at Christmas, The spring Thing cabaret and a full show in the Summer. We have a no audition policy to join the society, so anyone is welcome to come along and join in the fun. We also openly welcome any and all 'tech-heads' that want to get involved with backstage work, lighting, sound, set & prop design and even costumiers.

SUITABLE FOR	All learners
CONTACT	Elliott Lingard
WHEN?	Whole Year (Wednesday 3-5pm & Thursday 4-5:30pm)

### 2D GAME DEVELOPMENT

Students will attend a series of sessions relating to the development of a 2D game in either UE5 or game maker studio 2. This will include basic scripting.

SUITABLE FOR	All learners
CONTACT	Leigh Johnson
WHEN?	Half term 1 for 5 weeks (Tuesday 3-4pm)

### DIGITAL SKILLS – BRONZE AWARD

During this activity you will be developing a range of digital skills using an online platform to achieve your bronze award.

SUITABLE FOR	All learners
CONTACT	Rachel Jablonski
WHEN?	Half term 1 or 2 for 5 weeks (Tuesday 12.30-1.15pm)

### SKILLS FOR LIFE

A relaxed space to develop a few extra skills for adult life. Motivational/empowering.

Creating healthy habits of body and mind. We will use journaling to capture your learning.

SUITABLE FOR	Everyone (not subject specific - cross college involvement encouraged)  If your objective is to re-set, reflect, increase confidence and happiness, reduce stress and anxiety then this is an interesting and varied experience where you can do just that.
CONTACT	Esther Brennan
WHEN?	Half term 1 for 5 weeks (Monday 4-5pm)

### BETWEEN THE LINES

Creative writing group. Support and sharing for those who want to write, whether that be poems, stories, or memoir.

SUITABLE FOR	All learners
CONTACT	David Murray
WHEN?	Half term 1 for 5 weeks (Tuesday 3-4pm)

### MATHS SUPPORT FOR A LEVEL BIOLOGY

Development of Maths based skills for A level Biology

SUITABLE FOR	Students studying Biology that <b>do not</b> study Maths
CONTACT	Hayley Bartonshaw
WHEN?	Half term 1 for 5 weeks (Tuesday 3-4pm)

### HOW TO BE A FINANCIAL ADVISER

You will be given a case study and be expected to answer the client brief and advise on investments, savings and spending choices.

SUITABLE FOR	All learners
CONTACT	Julie Smith
WHEN?	Half term 1 for 5 weeks (Tuesday 12.30-1.15pm)

### GCSE ARABIC

Regular classes in the language

SUITABLE FOR	Ideally open to students with Arabic as a language understood/spoken
CONTACT	Hividar Saeed
WHEN?	Whole Year (Monday & Tuesday 4:30-5:30pm)



“Recently I’ve joined the Musical Theatre Society, which has introduced me to a circle of new friends and an uplifting community atmosphere whilst doing something I enjoy alongside my studies.”

### LEWIS STEVENSON

Previously: Biddulph High School

Studied: A Level Photography & BTEC TV and Film Production



### DATA REVOLUTION IN FOOTBALL

Looking at the every increasing role of data and analysis in assessing players performance and in recruitment of new players. Guest speakers from Port Vale and Portsmouth Football Clubs

#### SUITABLE FOR

Anyone interested in a potential career in football (or wider sport) but not on the playing/coaching side.

Or just anyone interested in the numbers behind the beautiful game!

#### CONTACT

Rob Hopkin

#### WHEN?

Half term 1 for 5 weeks  
(Wednesday 3-4pm)

### CHESS FOR BEGINNERS

Chess supports the development of higher order thinking skills and general cognitive ability. Everything needed for those just starting out. From how to play and improve to easy to learn openings, tactics, tricks and traps.

#### SUITABLE FOR

Those who want to learn chess, or have just started and want to improve. Anyone who wants to develop their thinking skills.

#### CONTACT

Russell Bradbury

#### WHEN?

Half term 2 for 5 weeks  
(Tuesday 3-4pm)

### THE MAGIC OF SHINY MATHS ROCKS (DUNGEONS & DRAGONS)

Using Dungeons and Dragons Character Creation and game play. We will investigate the maths behind statistics and probability around Dungeons and Dragons. Students can also join the Dungeons and Dragons Society and play in student lead groups.

#### SUITABLE FOR

All learners

#### CONTACT

Pete Radford

#### WHEN?

Half term 1 for 5 weeks  
(Wednesday 3-4pm)

### CHRISTMAS SHOW - THEATRE/ MUSICAL

Musical Theatre and Acting skills building rehearsals in preparation for the December Christmas show at the Rep Theatre.

#### SUITABLE FOR

BTEC Theatre and BTEC Musical Theatre student or anyone who loves performing.

#### CONTACT

Jade Wood

### MODERN ASTRONOMY

The Night Sky, Stars and Planets, The Fermi Paradox, The Physics of Astronomy, Studying Astronomy and Space Sciences at University and related careers

#### SUITABLE FOR

All learners

#### CONTACT

Mick Winfield

#### WHEN?

Half term 2 for 5 weeks  
(Wednesday 3-4pm)

“

I participate in the D&D Society which has helped me develop my communication skills due to playing in groups. It's also made college more fun as I now have more people to talk to.

### HOPE MKANDAWIRE

Previously: The Discovery Academy

Studied: A Level Media & BTEC TV and Film Production

”

### HENNA DESIGNS

Teaching students to apply Henna, learning the history behind Henna.

#### SUITABLE FOR

All learners

#### CONTACT

Haleema Sajid & Emma Goldsmith

#### WHEN?

Half term 2 for 5 weeks  
(Tuesday 3-4pm)

### CROCHET FOR BEGINNERS

Learn how to crochet a chain, double and triple crochet stitches as well as granny squares - this will allow the learner the foundations to tackle a variety of different projects. Great for mindfulness and provides skills that can make cute little gifts for loved ones!

#### SUITABLE FOR

All learners

#### CONTACT

Amelia Manning

#### WHEN?

Half term 2 for 5 weeks  
(Thursday 4-5pm)

#### OTHER COSTS

£5 contribution required to cover cost of tools and materials

### PATTERN MAKING

The 5 week course will give students the ability to create a repeat pattern using Adobe Illustrator. Which will then be further developed using heat transfer paper to print on bags/t-shirts or other materials.

#### SUITABLE FOR

Suitable for everyone. Students need to prior knowledge of adobe Illustrator to do this course.

#### CONTACT

Ruby Mair

#### WHEN?

Half term 2 for 5 weeks  
(Wednesday 4-5pm)

#### OTHER COSTS

Students will need to provide their own bags/t-shirts for the heat transfer process.



STUDY SKILLS	
Referencing, essay writing, presentations.	
SUITABLE FOR	All learners
CONTACT	Jen Metcalf
WHEN?	Half term 2 for 5 weeks (Monday 4-5pm)

SKILLS FOR PSYCHOLOGY	
These sessions will require learners to apply their knowledge and understanding of psychology to a novel source. Students will be required to recognise the psychological content, make evidence based suggestions to the source, and critique those suggestions.	
SUITABLE FOR	Year 2 Psychology Students ideally, but this could be of interest to non-psychology students
CONTACT	Sally Evans, Sophie Cross, Gemma Steventon-Martin, Justine Simm
WHEN?	Wednesday 3-4pm but some sessions will run Tuesday 3-4pm

SOLVE THE CRIME – INVESTIGATE A MURDER FROM 1930'S	
An insight in to criminal investigation. These sessions will develop analytical skills when looking at evidence and to encourage logical thinking when reaching conclusions from a scene of crime.	
SUITABLE FOR	Students wanted to pursue a career in criminal investigation and policing.
CONTACT	Heather Dyde
WHEN?	September-December for 10 weeks (Tuesday 4-5pm)

CRITICAL THINKING SKILLS THROUGH PHILOSOPHY	
Critical introduction to thinking skills ( argument analysis; argument evaluation; evaluating sources) through some key problems in Philosophy of interest to non -philosophers - issues in Law and Science.	
SUITABLE FOR	Intended for able students not doing Philosophy but applying to competitive universities but open to all.
CONTACT	Geoff Willis
WHEN?	Half term 2 for 3 weeks (Wednesday 4-5pm)

FILM CLUB (PRODUCTION)	
This activity will allow the learners to create films without any restrictions from the curriculum. I will offer workshop lessons in equipment and planning documents to support learners through the planning and production of films.	
SUITABLE FOR	This activity will focus on the learners currently studying the course but it is open for any learner across the college who is interested in making films.
CONTACT	Liam Hulme
WHEN?	Whole Year (Tuesday 3-4pm)



“

The tutoring sessions have significantly deepened my understanding of these subjects. I am thinking of going to university to study Radiography so attending these sessions will definitely help!

**ALEXANDRA JACOBS**

Previously: Ormiston Sir Stanley Matthews Academy

Studied: T Level Health

”





**SIGN UP  
HERE**



**T:** 01782 848736

**W:** [www.stokesfc.ac.uk](http://www.stokesfc.ac.uk)



[facebook.com  
/SOT6thformcollege](https://facebook.com/SOT6thformcollege)



[twitter.com  
/SOT6FC](https://twitter.com/SOT6FC)



[youtube.com  
/SOT6FC](https://youtube.com/SOT6FC)



[instagram.com  
/sot6fc](https://instagram.com/sot6fc)



**Potteries  
Educational  
Trust**