

FIND YOUR FEET TASK

BTEC SPORT & EXERCISE SCIENCE:

TASKS

Pick one coach/leader of your choice and use the resources provided to analyse what skills and qualities that this coach/leader has that enables them to be successful in their career.

Develop a paragraph of writing or video/audio recording to analyse your selected coach or leader. You should include evidence to show why they have the required skills and qualities to be successful in their role.

RESEARCH

Aim to include specific quotes or examples that demonstrate when your chosen coach/leader has demonstrated these skills/qualities

RECOMMENDED READING

Qualities of an Olympic Coach article:

<https://stillmed.olympic.org/media/Document%20Library/OlympicOrg/IOC/What-We-Do/Protecting-Clean-Athletes/Athletes-Space/Athletes-Entourage/Coaches/EN-Qualities-of-a-coach.pdf>

UK Coaching Website:

<https://www.ukcoaching.org/resources/topics/guides/skills-and-qualities-of-a-coach>

CONTACT

For any questions about your Find Your Feet task, please e-mail:

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